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Barefoot Shiatsu: Whole-Body Approach To Health By Shizuko Yamamoto

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The innovator of barefoot shiatsu is 90 this year! Shizuko Yamamoto walks all over people then 80-year old Founder of Whole Health Shiatsu.

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expounded by Shizuko Yamamoto and Patrick McCarty, the coauthors of Barefoot Shiatsu: The Japanese Art of Healing the Body Whole health shiatsu

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